


LENT 2023

Lent is the time in the church when as a family we'll slow down, reflect and prepare to hear the Good News of God's love.

SUN	MON	TUE	WED	THU	FRI	SAT
			22 ASH WEDNESDAY Attend worship together and discuss, what does it mean to repent.	23 Lent lasts for 40 days. Read Gen. 7:12; Deut. 29:5; Mark 1:30 to find 40s in the Bible.	24 Start collecting one coin every day of Lent and donate to the church on Bright Sunday.	25 Write a 'thank you' note to a special friend or teacher for being awesome!
26 1st Sunday Read Luke 4:1-13, discuss what does it mean to be tempted.	27 Read Ecc. 3:1-8 and talk about seasons changes you see around you then draw a picture.	28 One pillar of Lent is <i>fasting, giving up something to make room for God. What will YOU give up?</i>	1 Lent is a time to say 'I'm sorry' to God and others. Take 5 minutes and say sorry to God.	2 Read 1 Cor. 6:19-20 and thank God for your body. Do 40 jumping jacks and 40 toe touches.	3 Learn together about Three-Cents a Meal at church, where do the 3 cents go?	4 Do you know someone who is far away? Call them today and say 'hi'.
5 2nd Sunday Read Psalm 27:4-6 and sing 'Jesus Loves Me' together.	6 Second pillar of Lent is <i>service, think about how you can help others this Lent.</i>	7 Read Matt. 6:9-12, does this prayer sound familiar? Where have you heard it before?	8 There are 66 books in the Bible. Learn the names of the first in the Old and New Testaments.	9  CHECK IN: What did you give up for Lent, how's it going?	10 Be extra helpful today! Hold doors for others, carry something or clean without being asked.	11 Can you think of 40 people or things to pray for today?
12 3rd Sunday Read Psalm 63:1-4. Name 40 things you can do with hands.	13 Jesus prayed to God a lot, read Matt. 26:39 and wonder what he prayed about.	14 Learn about other people in the Bible who fasted, read De. 9:8-11; Esther 4:15-17 or Acts 9:1-9.	15 Third pillar of Lent is <i>prayer. Read 1 Thess. 5:16-18. What does it say about prayer?</i>	16 Read Gen. 1:20-25 and name together 40 sea creatures. 40 animals. 40 plants.	17 Do you have a cross in your home? What does it look like? What does a cross mean?	18 CHECK IN: How many coins do you have so far (30)? Add more if needed
19 4th Sunday Read Luke 15:11-32 and draw a picture of the party.	20 Help God's creatures today, put out bird seed or feed the pet this week.	21 Fasting has meant giving up food, read Luke 4:1-4. What food would be the hardest to give up?	22 Give thanks to God for things that start with the letters of your name. Ex. G=goldfish, O=?	23 Lent is a time for forgiveness. Wonder how it feels to forgive and be forgiven.	24 Show God's creation some love! Collect trash around your house or at the park.	25 Plant something this weekend and watch it grow as we get closer to Easter!

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<p>26 5th Sunday</p> <p>Read Psalm 126:4-6, think of someone who might be sad. What could make them smile?</p>	<p>27</p> <p>Practice service today and do one helpful thing for a family member.</p>	<p>28</p> <p>Learn about the importance of Easter lilies and 1 other symbol of Easter.</p>	<p>29</p> <p>At a meal today, think of 1 food you enjoy and would like to share. Donate a box or can of it.</p>	<p>30</p> <p>Read Luke 5:15-16, talk about why do you think Jesus needed to be alone. When do you?</p>	<p>31</p> <p>Easter Egg Fun! Hide up to 40 Easter eggs for someone to find and then switch, you do the finding!</p>	<p>1</p> <p>Take a walk outside and look for signs of spring. How many can you find?</p>
<p>2 PALM SUNDAY</p> <p>Read Luke 19:28-40, talk about being at a parade. What was your favorite part?</p>	<p>3</p> <p>Find your favorite stuffie and have them with you this week as we read hard Bible stories.</p>	<p>4</p> <p>CHECK IN: Talk about how you can pray for God's help in times that are scary or sad?.</p>	<p>5</p> <p>Read Matt. 26:36-46 Jesus prayed in a garden. What do you think it looked like? Draw a picture.</p>	<p>6 MAUNDY THURSDAY</p> <p>Attend worship together and read Luke 22:14-20. What does this describe?</p>	<p>7</p> <p>Read Mark 14:43-52, talk about how Jesus' friends reacted to Jesus' arrest. What would you do?</p>	<p>8</p> <p>This is a sad day, we remember Jesus died, read John 19:16-24. Stay silent for 5 minutes after.</p>
<p>9 EASTER SUNDAY</p> <p>Read Matt. 28:1-10 and blow some bubbles!</p>	<p>10</p> <p>GOOD NEWS ALERT: READ THE EASTER STORY IN ALL 4 GOSPELS THIS WEEK! Name the 4.</p>	<p>11</p> <p>GOOD NEWS ALERT: READ THE EASTER STORY IN MATTHEW 28:1-10.</p>	<p>12</p> <p>GOOD NEWS ALERT: READ THE EASTER STORY IN MARK 16:1-8.</p>	<p>13</p> <p>GOOD NEWS ALERT: READ THE EASTER STORY IN LUKE 24:1-12</p>	<p>14</p> <p>GOOD NEWS ALERT: READ THE EASTER STORY IN JOHN 20:1-10</p>	<p>15</p> <p>GOOD NEWS ALERT: Which gospels end at Easter, which ones have more stories after?</p>
<p>16 BRIGHT SUNDAY</p> <p>Read Luke 24:36-49 and draw a butterfly to celebrate new life!</p> <p>Don't forget your 3-cent donation!</p>						

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